

# Resource Center for Persons with Disabilities

## TRANSITIONS

Interested in moving to campus a few days early to get acclimated, meet new people, and learn about MSU? Sign up by August 1st! Programming includes information sessions, campus tours, an introduction to your community, and more!

### Tentative Schedule:

#### Saturday, August 16

- Move-in: 8am - 3pm
- Student & Family Welcome Event: 3pm - 5pm

#### Sunday, August 17

- Setup your room/family farewell
- Optional activities

#### Monday, August 18

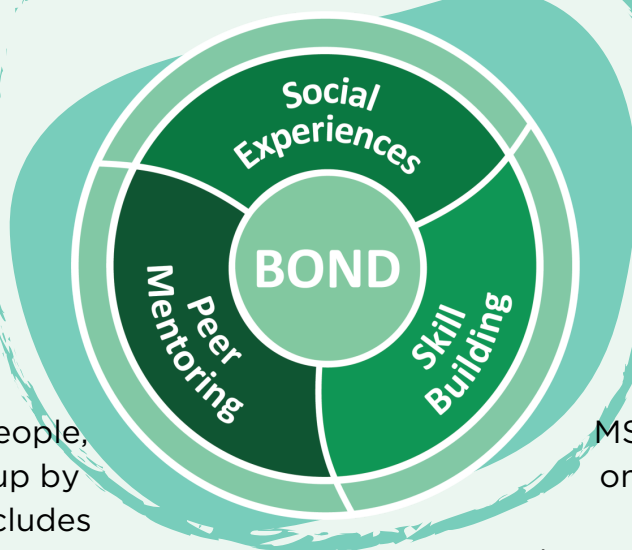
- Student programming: 10am - 4pm
- Dinner on your own
- Programming: 7pm - 8pm

#### Tuesday, August 19

- Student programming: 10am - 4pm
- Dinner on your own
- Fun activity: 7pm

**Full Transitions participation, including programming, is required.**

**SIGN UP NOW!**



**FALL SEMINAR**  
**2-CREDIT UGS COURSE**  
**TUESDAYS & FRIDAYS**  
**2:40 - 4:00PM**

MSU UGS 110 courses are focused on developing skills that enable a successful transition to college; identifying/engaging in strategies and resources; and creating plans for academic success, social engagement, and wellness in college.

### Topics Include:

- Professional Communication
- Time Management/Organization
- Study & Test Taking Strategies
- Campus & Community Involvement
- Self Care
- Note Taking
- Mental Health

### Requirements:

- In-person Class (T/F, 2:40 - 4:00pm)
- Assignments & Projects
- Study Sessions
- Weekly Coaching Sessions (with BOND Staff)
- Engaging with Campus Resources

**Sign Up with Your Academic Advisor**

**FOR MORE INFORMATION**  
**EMAIL LINDSAY HILL AT:**  
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